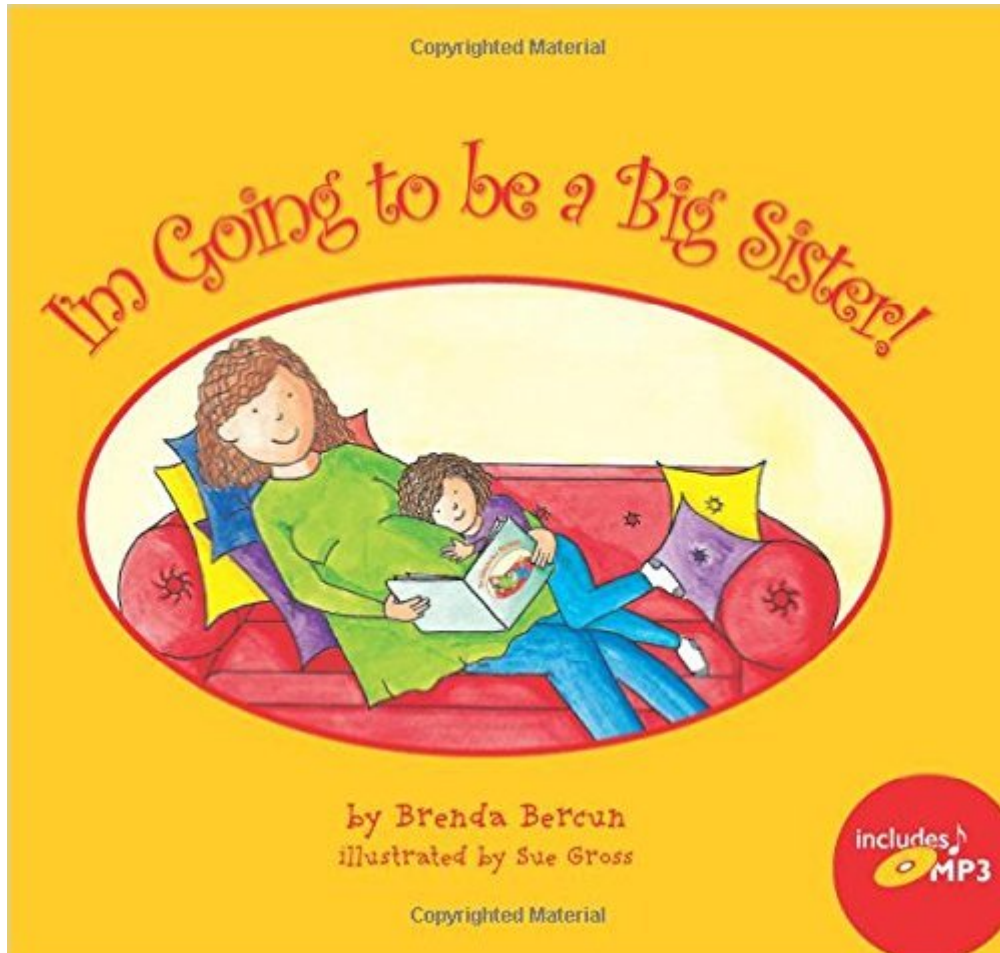


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# I'm Going To Be A Big Sister



## Synopsis

Best-selling children's book to help prepare for the arrival of a new baby sibling This colorful tale is designed to help prepare the soon-to-be older sister for the arrival of a new baby. This book gives parents the language needed to speak to their daughter in a way that is supportive, complimentary, and caring. In this story, Amanda learns about preparing for the new baby's arrival, and what it truly means to be a big sister. Amanda is excited when she finds out that being a big sister is going to be one of the most important roles in her life! A perfect gift for those who care about creating healthy sibling and family relationships. Along with Amanda, your daughter will learn what it means to be a big sister: Which toys are safe for babies and which are dangerous Who will be with her when the baby is born When it's okay to pick up the baby The importance of her new role in the family A discussion about the real-life issue of parents' temporary absence while at the hospital prepares the youngster for what might otherwise be a confusing and frightening time Included is a handy tip sheet with succinctly detailed suggestions for supporting the older child, as well as a download link for the upbeat and catchy tune, "Watch Me Baby, Watch Your Sister," which emphasizes the special bond between sisters and their new baby siblings.

## Book Information

Hardcover: 32 pages

Publisher: Nurturing Your Children Press; Har/Com edition (March 15, 2006)

Language: English

ISBN-10: 097671986X

ISBN-13: 978-0976719861

Product Dimensions: 10.5 x 0.2 x 8.5 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars See all reviews (94 customer reviews)

Best Sellers Rank: #70,747 in Books (See Top 100 in Books) #129 in Books > Children's Books > Growing Up & Facts of Life > Family Life > New Baby #488 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Siblings #696 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings

Age Range: 3 - 5 years

Grade Level: Kindergarten and up

## Customer Reviews

I just had to respond and say I'm very disappointed to read that a few reviewers found this book

"graphic." There is one page in the book that shows a mommy's belly (really mostly a profile view) with a uterus and a baby inside. There is a very vague line that is supposedly the "birth canal" and the line goes off into ambiguity since the legs are profile. The text says nothing except that baby is in mommy's uterus and when it gets too big for the uterus, it comes out the birth canal. I find it disturbing how strong of a reaction this has gotten by readers. Why is the female anatomy so shameful? Regardless, the detail is so vague, that I'm sure if someone is disturbed by it, there are easy ways to brush off this conversation. I have decided to raise my daughter to know and understand her body, not to treat the subject in a shameful dirty way. This book is beautifully and tastefully done. Please don't strike it from your list because of these reviews.

My 3 year old daughter loves this book, and it has definitely been a staple as we've been preparing for the birth of her sister. So, overall, I must rate it positively. I disagree with other reviews that call it too graphic; it covers the biological basics very basically and uses quite neutral language (so birth canal - we've told my daughter that the baby will come out of my vagina because that is a term she knows, but obviously there are widely different levels of comfort with this and I feel the book does a good job walking a middle line). On the negative side, it's not particularly well written and there are some fairly annoying gender stereotypes scattered throughout. So mom does all the housework and dad comes home from work. And Amanda looks forward to putting on make-up with grandma when her parents are at the hospital. Again, this is going to be fine for some parents and not fine for others, but I am far more bothered by my 3 year old thinking playing with makeup is OK than I am with her using anatomically specific terms for a biological process. In sum, it is a useful but far from perfect book. And the final answer must be that books in general, and this one in specific, will help you start conversations with your older child or children about coming siblings, but it's up to you to craft that conversation into one that fits with your family situation and sense of appropriateness.

As a hospital Perinatal and Health Educator I come across many pregnant couples, and issues about siblings often come up in the course of classes I teach. I'm so pleased to finally have such a wonderful book to recommend to them. In these books, the language in conversations between parent and child is wonderful for parents to model, so that they can take cues for healthy interaction around pregnancy and delivery. Explanations of the birth process seem to be just the right amount of information, and the language, although clinically accurate, is in my opinion not in the least offensive to even the most delicate sensibilities. Suggestions such as gentle touch, safe toys, sharing and teaching the newborn sibling are very thoughtfully phrased. Discussion about the

real-life issue of parents leaving for the hospital and being absent for a period of time, including what who will care for them, helps prepare youngsters for what might otherwise be a confusing and frightening time. The images are engaging and colorful, and give the child an opportunity to use the pictures as metaphors for their own imagination in "thought balloons" (such as the couple in the hospital holding the baby and telling the child on the phone about the birth of the baby). The announcement "You're a big sister/brother" is a perfect way to let the child know the baby has been born, and to help the child celebrate with the parents, at the same time making him or her feel included and important. What a lovely way to help set up families for future healthy sibling relationships. I'm so pleased that this book is finally available! Georgia Montgomery CD, CCE, LE, BLS

I wish I'd had "I'm Going to be a Big Sister" before our second child was born. A well-written book, complete with colorful drawings, it covers everything from when to begin discussing the new baby to a catchy musical CD that will have your little one singing and dancing around. Brenda discusses the changes that will take place as the family gets ready for the new addition: toys and baby clothes will be unpacked, Mommy's belly will grow, and a simplistic explanation and drawing of how the baby will come out is even included. The issue of who will care for your daughter while Mom's in the hospital is addressed. And the announcement "You're a big sister" is the perfect way to start a loving sibling relationship where the emphasis is on how the older child has the important role of being a teacher to the new baby. Preparing, including, and empowering your older child will go a long way toward creating this positive goal. If you want to help your daughter get ready for the changes to come in a thoughtful way and set the stage for a healthy relationship between your children, this book is a must read!

My six year old daughter enjoyed this book immensely. Reading the book with me, she feels included and enthusiastic. We have read it many, many times. I was so pleased to find a book that addressed all the issues that I thought were important in a way that my daughter could understand and appreciate. I would wholeheartedly recommend this book to any family expecting a new sibling. Thank you Brenda, for creating such a valuable resource for growing families and for initiating a fun way for children to express their own questions and imaginings about their new brothers and sisters.

Best book for a child going to be a big sister. There is a page that talks elaborately about the

birthing process, my 2yrs old did not understand other than that everything else is so similar to what we do at home. talks about the changes in mothers body, changes in the house, what happens when the baby comes, what's her role as a big sister.my daughter loves this book and we do too.

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